



	COSMETIC SURGERY OPTION	EXPECT TO PAY	SKINCARE OPTION	MAKE-UP OPTION
DARK CIRCLES	Dark circles commonly occur when you have hollows under the eyes, or veins running close to the skin surface. Cosmetic surgeons are increasingly injecting hyaluronic acid into this “tear trough” area. “This plumps up the skin, creating a flat surface for the light to bounce off,” notes cosmetic surgeon Dr Anoop Rastogi. “And because this injection lifts the skin away from the orbital rim, there’s further separation between the vein and the skin, so you get an even brighter result.”	Around \$900. LASTS: Up to a year.	Retinol and vitamin K fight the causes of dark circles. Find them both in Ultraceuticals Dark Circle Eye Cream, \$95.	Go for a concealer in a peachy shade, to offset darkness. Try Laura Mercier Secret Concealer, \$40.
LAUGH LINES	“Botox has been tried and proven to be the best way to deal with crow’s feet,” says plastic surgeon Dr Mark Kohout. “Once the muscles involved are weakened, the fullness of expression is limited and hence the lines are reduced.” Dr Kohout advises patients who are concerned about crow’s feet to start having Botox injections from their late twenties, before the expression lines settle into more permanent ones.	\$300-600. LASTS: Up to six months.	Try a peptide-packed eye cream to help keep the line-prone area firm. We like Olay Regenerist Eye Lifting Serum, \$29.95.	A little luminiser lotion rubbed over the lined areas will visually blur those creases. Try ModelCo Luminosity Shimmer Whip in Champagne, \$36.
FROWN LINES	“The first thing to assess is whether the lines on the forehead are only present when the person is frowning, or when there’s no expression on the face,” says Dr Kohout. In the former case, Botox is the fix-it; in the latter, a surgeon may also inject a hyaluronic acid dermal filler. “It’s important for a surgeon to also ask whether the patient wants to soften the lines, or for the lines to be totally erased,” says Dr Kohout.	\$300-500. LASTS: Six to 12 months.	Once expression lines have set into a state of permanency, there’s only so much a cream can do. But worth a try is Tri-Aktiline Instant Deep Wrinkle Filler, \$69.	Sadly, make-up also has limited powers here. The quickest fix for hiding a furrowed forehead? A fringe.
FINE LINES	Restylane Vital, a finer form of hyaluronic acid, has been formulated to deal with dehydrated skin showing the first signs of lines. Cosmetic surgeons deposit it into the dermal layer via a number of droplet-style injections over the face, neck and décolletage. The idea is to get much-needed moisture into the skin and return cell function to normal, so collagen and elastin production can get back on track. “In effect, it’s plumping and smoothing the skin from the inside out,” says Dr Rastogi.	\$800-1000 per treatment region. LASTS: Around six months.	A humectant-based moisturiser will help skin retain moisture. One star water-binding ingredient is glycerin, which can be found in Neutrogena Oil-Free Moisture SPF 15, \$13.21.	Go for a moisturising foundation rather than anything matte- or powder-based, which will only settle into lines and make them look more obvious. Try Clinique Supermoisture Makeup, \$48.
WRINKLES	For lines that become deep-set with age, such as the nasolabial fold (which runs from each side of the nose to the corners of the mouth), surgeons head straight for the fillers. “Restylane and Juvéderm put support back into the skin,” says plastic surgeon Dr Steven Liew. “They also fill out the valley of the wrinkle, so to speak. However, be aware that the effect is a softening of the line – don’t expect complete correction.”	A minimum of \$600. LASTS: Up to 12 months.	Try a double whammy dose of retinol (Ultraceuticals Ultra A Treatment Serum, \$95) and peptides (like Olay Regenerist Daily Regenerating Serum, \$29.95).	Despite popular belief, it’s actually better to go lighter with foundation as you age and lines become deeper. Try Nivea Visage Tinted Moisturising Creme, \$9.30.
THIN LIPS	Lip work is very common these days. “Fortunately, it’s now about lip enhancement more than lip enlargement,” says Dr Liew. “After all, Angelina Jolie-size lips would only work on about five per cent of the population.” Cosmetic surgeons inject a hyaluronic acid filler (Dr Liew prefers Juvéderm) into the upper lip – and sometimes the lower – to make sure things are in proportion.	Around \$300-600. LASTS: Six to nine months.	Keep lips hydrated and dewy with regular lashings of a rich balm, such as Sally Hansen Thin Lip Collagen Boost, \$14.95.	Glosses in pale shades and shimmery finishes make volume-challenged lips seem a little more super-sized.